

Annual Report **1984-**

N. H. W.

The Promise For A Healthier Tomorrow



Newark Department
of
Health and Welfare

Table of Contents

1984: Highlights of a Year of Growth	1
Message from the Mayor	2
Message from the Director	3
Division of Health	4
Division of Human Services	7
Division of Inspections	9
Division of Welfare	11
Fiscal Summary	Back Cover



"Newark Fights High Blood Pressure". In the front row, from left are Joyce Miller, Dr. Michael J. Frattantuno, Elton Hill, Richard Schoon, Kathe Callahan. Second row left are Robert J. Grimm and Laura Najara.



Pre-schoolers celebrate "Week of the Young Child" at Newark City Hall.

1984

Highlights of a Year of Growth

- Faced with the problem of the environmental hazard, dioxin, the department worked closely with state and federal health and environmental officials to clean up the hazardous waste in the city's Ironbound section. The city's participation in the operation included an on-site operations headquarters, public information and community outreach activities, screening facilities and other support operations.
- The Public Health Nursing and Pediatric's Bureau of the department provided vital and necessary health care to over 7,000 pupils in parochial schools.
- The Sexually Transmitted Disease Clinic officially opened the doors to the most modern S.T.D. clinic in the State.
- The U.S. Center for Disease Control bestowed a dual honor on the Newark Sexually Transmitted Disease Clinic. The clinic was named a Sexually Transmitted Disease Prevention/Training Center and was also designated "model clinic status". The Newark training center is only one of the ten such centers in the country.
- A "Sexually Transmitted Disease Update" conference was sponsored by the department to provide vital information to private physicians, hospital personnel and para-professionals throughout the state. Over 200 participants were given an overview of current developments in the diagnosis and management of S.T.D.'s.
- The special "No Shots - No School" immunization drive provided more than 5,000 children with their required inoculations.
- "The Week of the Young Child" festivities, sponsored by the department, provided several thousand children with such activities as a children's olympics, a child/parent dinner, various health screenings and workshops, multicultural show and a two-day health fair.
- A concerted effort on the part of the department to increase WIC enrollment through public information and outreach resulted in a 40% increase in clients.
- "High Blood Pressure Month" was proclaimed in May by Mayor Gibson. The department sponsored blood pressure screenings throughout the City as well as various provider workshops. The department's leadership in the newly formed "Newark Hypertension Program", a cooperative consisting of the Newark Department of Health and Welfare and the three state funded hypertension projects, was responsible for nearly 40,000 hypertension screenings.
- The "Hypertension and Family Support System" conference was co-sponsored by the department and provided nearly 200 statewide professionals and para-professionals with current information on the diagnosis and treatment of the disease as well as its effect on the family of hypertensive victims.
- The department's Office on Aging sponsored a month of activities in celebration of "Older American's Month". Thousands of seniors were treated to such activities as a senior olympics, a fashion show, a senior banquet, arts and crafts and cake sales and much more.
- Consolidation of the Newark Office on Aging and the Golden Age Project increased services for seniors and eliminated the duplication of other services. The consolidation added six multi-purpose centers to the department.



KENNETH A. GIBSON
MAYOR • Newark, New Jersey

Competition for limited resources required major cuts in the operating budgets of the different departments of the City. In spite of the cuts, the Department of Health and Welfare continued to provide effective health care to the citizenry of the City of Newark. In some medically underserved areas of our community, the department was even able to expand certain services.

Focusing on the needs of our Youth and placing emphasis on early detection and treatment programs, the department made great strides in decreasing the prevalence and incidence of diseases in our children. The infant mortality rate has decreased significantly and more children are receiving the medical attention they need to ensure a healthy future.

The accomplishments of the Department of Health and Welfare are many and our goal is to see that they continue.



DENNIS G. CHEROT

Director of Health and Welfare

The City of Newark continued its good health during 1984 despite some economic setbacks. Progress continued to be made in improving the delivery of health, welfare and social services and towards our goal of building an enduring health care system that will meet the needs of all our residents.

In the past year, our infant mortality rate decreased, marking the 14th straight year of decline and once again, the City experienced no prevalence of major contagious disease. Targeting the health and nutritional needs of our children, over 79,000 food packages were provided to Newark's expectant mothers, infants and children through the WIC program and more than 1,100,000 meals were provided to the city's youth through the department's Summer and Winter feeding Programs. Also, plans to increase the health care needs of our pre-schoolers were finalized and implementation of the Child Care Center Health Program, an early detection and treatment program for children 2 months through 5 years of age, will begin in early 1985.

In an effort to provide Sexually Transmitted Disease and Hypertension information to private physicians, hospital personnel and para-professionals and to increase their ability to diagnose and treat the diseases, the department sponsored two statewide conferences; one concerning S.T.D.'s and a second on Hypertension. Each conference provided over 200 participants with an overview of current developments in S.T.D.'s and Hypertension diagnosis and management.

Each day, the Newark Office on Aging provided nearly 17,000 seniors with a hot meal and over 23,000 with bus or van transportation. The health clinics provided a myriad of services for more than 60,000 client visits, the Division of Public Health offered services to more than 160,000 clients and the Division of Inspections made more than 47,000 inspections.

In summary, the department continues to progress toward providing excellent health care to all those in need. The key ingredient for the success of the department and for its future progress, is the enthusiasm, vigor and cooperation of our expert staff.



ROBERT J. GRIMM
Acting Health Officer

Division of Health

BUREAU OF CHEST DISEASE is responsible for the control of tuberculosis including coordination of all clinical services within the City. Case finding, reporting, contact investigation, diagnostic and treatment services, follow-up of delinquent patients and preventive treatment are the activities performed.

The tuberculosis morbidity rate for 1984 was 44.0 per hundred thousand population or 145 cases of clinically active tuberculosis. The clinics had a total of 12,865 client visits.

BUREAU OF CHILD HYGIENE/PAROCHIAL SCHOOL HEALTH provides services to approximately 7,000 parochial school pupils. Services include, physical examinations, T.B. and Scoliosis screenings, hearing and vision testing, blood pressures, first aid and immunization evaluation. Also, the bureau services approximately 5,370 patients in the City's Child Health Conferences. The children were given examinations, immunizations, counseling and all of the same screenings previously mentioned for parochial school pupils. The bureau completed 7,045 complete physicals, 7,614 vision screenings, 7,166 auditory screenings, 4,223 Scoliosis screenings, 5,032 immunizations, 313 lead screenings, 709 blood pressure screenings and 3,717 Hematocrit and Hemoglobin tests.

BUREAU OF COMMUNICABLE DISEASE CONTROL is responsible for preventing communicable and other reportable diseases from occurring and controlling them when they do occur. The functional areas of services include, epidemiologic services, laboratory analysis, sample collection, swimming pool inspections and pool water collection for laboratory analysis, rabies control, immunization and general services. The bureau made 938 inspections, collected 1,605 specimens (urine, wassermans, lead, etc.), investigated 1,221 animal bites and provided 1,080 flu inoculations.

BUREAU OF DOG CONTROL is responsible for the licensure of all dogs, kennels and pet shops in the City of Newark. The bureau issued 4,050 licenses for a net revenue of \$28,410. In 1984, the bureau picked up 2,329 unleashed dogs, 947 stray cats and 1,631 dead animals. Under the free vaccination program, 1,220 dogs were vaccinated and 321 dogs were vaccinated by private veterinarians.

BUREAU OF HEALTH EDUCATION is responsible for providing health education to the community and to the staff of the department. The bureau disseminated more than 200,000 pieces of vital information through health fairs, speaking engagements, workshops, inservice staff training sessions and public requests.

BUREAU OF MEDICAL HEALTH SERVICE is responsible for providing a wide range of preventive, diagnostic and therapeutic services to the medically indigent and general assistance clients. The bureau includes the services provided by the City Dispensary, Pharmacy and X-ray departments. During the year, 4,737 visits were made to the medical clinic, 2,232 metabolic clinic visits, 1,548 podiatry visits, 1,204 eye, 3,182 x-rays were taken, 56,253 prescriptions filled and 3,691 immunizations administered.

BUREAU OF PUBLIC HEALTH NURSING provides services to clients in the areas of health assessment, health screening, counseling and education, referral, follow-up and administering treatment and medication. The bureau serviced 1,623 patients in the therapeutic clinics, 2,677 patients in the child health conferences and over 7,000 pupils in parochial schools.

BUREAU SOCIAL SERVICES arranges for adequate social services for Newark indigent who seek or are referred to services available under the auspices of the Division of Health. The bureau determines eligibility, prescription approval, and social case management. The bureau serviced more than 32,956 clients.

BUREAU OF VITAL STATISTICS reports, stores and records all births, deaths and marriages occurring in Newark, as well as those in other municipalities concerning Newark's residents. It provides free birth certificates to all babies born in the city (resident and non-resident), notifies other municipalities of births, deaths, and marriages of their residents; searches and issues, upon request, birth and marriage certificates to persons who may have lost or misplaced theirs. In 1984, there were 6,596 births, 3,352 deaths and 2,851 marriages in the City. Total revenues for the year were \$143,430.

PUBLIC HEALTH LABORATORY provides laboratory services for all divisional diagnostic and therapeutic clinics and provides laboratory support for several federal and state funded community health programs which operate under the auspices of the Department. In 1984, the laboratory performed 57,703 tests.

SEXUALLY TRANSMITTED DISEASE CLINIC provides diagnostic treatment and epidemiological follow-up services for all sexually transmitted diseases. Routinely identified and treated are such diseases as: gonorrhea, pelvic inflammatory disease, non-gonococcal urethritis, trichomonas, candidiasis, syphilis and pediculosis pubis. In 1984, 19,970 patient visits were made to the clinic.



Nutrition education and cooking instructions are colorfully provided by staff nutritionist Angela Marchetti to potential and new mothers.



Children are instructed in Fire Safety at a Department Health Fair.

The Department was instrumental in providing thousands of residents with high blood pressure screenings.



CPR training is provided by the Health Education Bureau to both residents and staff.



Each year, the Department's Bureau of Dental Hygiene treats thousands of adults and children. Some don't even cry.



VITAL STATISTICS

	1983	1984
Births	6,603	6,596
Deaths	3,249	3,352
Marriages	2,799	2,851

CLINIC VISITS

	1983	1984
ASSESSMENT	3,950	2,818
MEDICAL	4,737	4,450
METABOLIC	2,232	1,913
PODIATRY	1,548	1,142
EYE*	1,234	198
MEDICAL EVALUATION	1,439	2,134
PEDIATRICS	6,071	5,746
CHEST DISEASES**	12,865	5,991
STD	19,970	20,001

*Closed 4/1/84

**All active cases transferred to UMDNJ Chest Clinic.



FLORENCE PETERSEN

Director

Division of Human Services

NEWARK OFFICE ON AGING coordinates and provides a variety of free services to Newark senior citizens aged 55 years and older. The services provided included: transportation, social, health, cultural, recreational, educational and nutritional. On a daily basis, the agency was able to supply 24,829 elderly participants with a hot meal at one of the agency's 16 nutritional sites.

In May of 1984, the Office on Aging merged with the former Emanuel Day Care Center (renamed the Nellie Grier Senior Citizen Center), thus adding another multipurpose center and bringing the agency's total to 10. Enrollment at the 10 multipurpose centers totalled 2,273. During the year, the Office on Aging provided bus transportation to 8,330 senior citizens. Additionally, the social service unit registered 243 new clients; serviced 138 repeat clients and provided 1,855 referrals to other social agencies.

WOMEN, INFANTS, AND CHILDREN'S SUPPLEMENTAL FOOD PROGRAM provided food instruments, nutrition education and health screening to an on-going caseload of 6,890 participants. The program encouraged the initiation of prenatal care and optimum prenatal nutrition during the first trimester of pregnancy. In 1984, a total of 82,499 food packages were provided at an average cost of \$27.87. The provision of supplemental foods and nutrition education have assisted participants in improving their nutritional status associated with inadequate dietary regimen. The program services are provided by participating hospitals, health centers, and through private physician referrals.

SuNuP offers a supplemental service to public and private groups that provide on-going structured activities for children between the ages of 6 and 12 years of age. SuNuP has the responsibility of coordinating vended food services to approved sites, insuring proper delivery service, administrative compliance and distribution of meals. In 1984 the agency provided 786,944 meals to 23 Winter Program sites and 123 Summer Program sites.

THE OFFICE OF CHILDREN, formerly the Child Care Network provides myriad services to children, families and child care providers in Newark. The agency provides administrative supervision to 17 city funded day care centers. Services include: information and referral, technical assistance, training, reporting and advocacy. Funds provided by the City enable 1,200 children from low income homes to be exposed to early childhood experiences in a day care setting. A new program component, Family Day Care Training Unit, was added to the services provided by Office of Children. This unit enables us to expand our role in the child care field and assist in upgrading the quality of care being provided in the home setting. A total of 27 family day care providers received training during 1984.

NON-MEDICAL ALCOHOL DETOXIFICATION PROGRAM offers detoxification services, counseling, referral and transportation to all alcoholics who seek help. A total of 893 clients were serviced in 1984. The average length of stay per client was between two and seven days. The length of stay is determined by the severity of the alcohol withdrawal symptoms and the patient response to treatment. Upon completion of the detoxification services patients were referred to area rehabilitation facilities for further treatment. The Program continued its participation in the Health Care Financing Administration's pilot reimbursement project. This enabled the program to receive Medicaid and Medicare reimbursements for those eligible clients who were provided with detoxification and ancillary services.

MULTIPHASIC METHADONE TREATMENT CENTER provided medical examinations, counseling, referrals, chemotherapy and methadone medication to approximately 300 enrolled clients in 1984. Program services were expanded to include psychotherapy for clients. Clients continued to contribute toward the cost of their treatment, via a cost sharing system. At year's end, the program received approval to Medicaid reimbursements for services provided to eligible clients.



Children learn about nutrition at the "Week of the Young Child" health fair sponsored by the Department.



Pre-schoolers learn to exercise at one of the many outreach activities of the Department of Health & Welfare.



Health care is sometimes child's play.



Seniors enjoy luncheon provided by the Department in celebration of the opening of the new North Ward Senior Citizen Center.



The Department is responsible for providing meals to 1,200,000 children and seniors.



JOSEPH MCGINLEY
Director of Inspections

Division of Inspections

The Childhood Lead Poisoning Prevention and Control Project is responsible for identifying, testing and referring children with elevated blood lead levels to medical institutions. They identify the source of lead in each case and eliminate it from the child's environment.

The Bureau of Code Enforcement is responsible for enforcing state laws and local ordinances related to housing and industry. Compliance with laws and regulations pertaining to health, safety, maintenance, use and occupancy of private buildings, dwellings and vacant lots is assured by the bureau. The bureau inspects all hotels and dwellings with three or more units to insure compliance with the State Multiple Dwelling and Hotel Act. The inspection of places of employment with respect to illumination, fumes, vapors and mist for the protection of the worker from physical hazards and exposure to toxic and infectious substances and prevention of occupational disease is also the responsibility of the Bureau.

The Food and Drug/Meat Inspection Bureau provides for the inspection of approximately 3,500 food, drug and cosmetic establishments operating in the City of Newark. Routine samplings are continuously taken to determine the extent of compliance with all regulations and legal requirements and in many instances to determine fitness of food or evidence of adulterations and/or misbranding.

The Urban Rodent and Insect Control Program conducts a semi-annual comprehensive rat and sanitation survey in target areas throughout the City. Problem premises, as indicated by the survey, are visited by members of the Bureau's Health Education Unit and instructed on how to prevent and control rat infestation problems. All such premises are baited with anti-coagulant rodenticides. The Bureau is also responsible for the coordination of neighborhood "clean-ups" of vacant lots.

The Bureau of Weights and Measures inspects and tests all weighing and measuring devices used in the trades. Upon approval, a state seal is placed upon the device and the dealer is given authorization to use it. If the device is found to be incorrect, it is condemned for repairs which must be done in a specified period of time or is removed from the premises and in some cases, the condemned device is confiscated and destroyed.

The Clean City Program is responsible for enforcing the City Ordinances regarding the administration and regulation of solid waste. Inspections are performed all over the City to insure that receptacles containing refuse materials are not placed on the sidewalk at the wrong time. Complaints are responded to on a routine basis and on the spot summonses are issued to violators.

Air Pollution Control Services are provided to residents through membership in the Suburban Regional Health Commission. The services include registration of all sources of pollution in the City, air pollution surveillance, response to air pollution complaints, and hazardous waste emergency response.

Relocation Assistance Program provides relocation services and payments for all families displaced by the local Code Enforcement Bureau. Benefits to a maximum of \$4,000 are available for those residents who qualify for assistance.

Real Estate inspects all housing to be sold in the City of Newark. Lending agencies require the seller to produce a letter of approval prior to lending money to purchaser. There is a fee for this service and applications are available at 94 William Street.

Other Services:

Carnival Licenses: In order to insure a safe and sanitary operation of carnivals, the Division of Inspections performs and issues the license required to operate a carnival in the City of Newark.

Laundries and Dry Cleaning Licenses: Laundries and dry cleaners are inspected for compliance with City Ordinances and licenses are issued upon approval.

PERMIT REVENUE 1984

LAUNDERETTE/DRY CLEANER	\$ 6,075.00
FOOD, DRUG & MEAT	\$ 3,504.00
REAL ESTATE INSPECTIONS	\$ 57,052.00
CARNIVAL PERMITS	\$ 950.00
TOTAL PERMIT REVENUES	\$ 67,581.00

1984 INSPECTIONS

	INSP.	REINSP.	TOTAL
AIR POLLUTION (under contract)	105	42	147
CODE ENFORCEMENT	8,898	7,551	16,449
WEIGHTS & MEASURES	747	0	747
FOOD & DRUG & MEAT	4,052	1,006	5,058
LEAD POISONING BUREAU			
Children screened for lead poison			5,423
Positive results			340
Properties inspected for lead hazards			343
Properties deemed to be lead hazards			152
RODENT CONTROL PROJECT			
Survey visits			7,704
Preventive educational visits			6,124
Complaints received			833
Complaints abated			249
DIVISION TOTAL	13,802	8,599	22,401



KAREN HIGHSMITH

Director

Division of Welfare

The Division of Public Welfare provides temporary financial, medical and ancillary services to the medically indigent, low income single individuals and low income childless couples. Referring recipients to social service agencies for job training and employment and educational opportunities is a major responsibility of the Division.

In 1984, 170,000 clients were serviced by initiating referrals to such agencies as Aid to Families with Dependent Children, Food Stamps, Supplemental Security Income (S.S.I.), Unemployment Insurance Benefits, Workmen's Compensation, Division of Youth and Family Services and various neighborhood health centers.

The Social Rehabilitative Service Unit of the Division delivered services to an average of 10,117 clients on a monthly basis. The services included: medical, domestic relations, General Assistance Employment Program, and referral to supportive social services. Enrolled clients also received assistance with inpatient and out-patient hospital care, prescriptions, mental health care nursing home services and financial assistance. In conjunction with the United States Department of Labor and Industry's Division of Employment Services, the Division of Public Welfare provides a special work component project in which 800 of the employable clients participate each month.

Total general assistance expenditures for 1984 was approximately \$31,040,886.

"IN MEMORIAM"

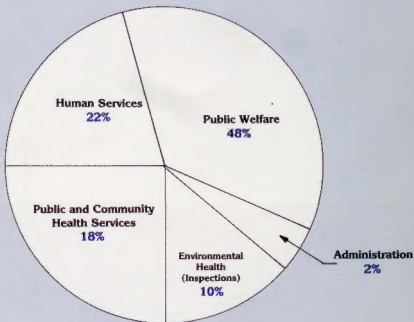


The passing of Dr. Michael J. Fratantuno and Mrs. Shirley Green was indeed a great loss to both the citizenry of Newark and to their co-workers at the Department of Health and Welfare.

The people of Newark, whom they served so well and so unselfishly, will sorely miss the skill, dedication and compassion they demonstrated in their respected fields. They were proud to work for the City, and Newark was honored to have them serve.

Fiscal Summary

Department of Health and Welfare



OPERATING BUDGET

Administration	\$ 400,987
Public Welfare	\$ 9,537,645
Human Services	\$ 4,340,541
Public and Community Health Services	\$ 3,523,977
Environmental Health (Inspections)	\$ 1,893,016
TOTAL Operating Budget	\$19,696,166

KENNETH A. GIBSON
Mayor

ELTON E. HILL
Business Administrator

DENNIS G. CHEROT
Director
DEPARTMENT OF HEALTH AND WELFARE



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